

Collection on the eve
on day of your
hospital visit!

Urinate first, so as not
to contaminate the sample!

Wash your hands and
put on gloves before
taking
the sample!

A stool sample takes only a few minutes,
but it gives us very valuable information.
All micro-organisms are **fragile**. Sample **quality**,
determined by observance of the steps below, **is essential**.

THE POOPY SAMPLE

step 1

- cover and obstruct the toilet bowl with the white bag
- place the wipe in the middle of the bag. Push

step 2

- unscrew one of the tubes (take care not to spill the solution)
- take the spoon and fill it to the brim with stools
- place the spoon in the tube, screw on the cap
- repeat with the second tube

step 3

- place the tubes in the transparent bag
- close the bag carefully

step 4

- flush any leftover stools in the toilet
- fold the white bag over the wipe
- throw it in the trash

step 5

- place the tubes upright in the refrigerator

